



WOODHAVEN NEWSLETTER
APRIL 2024

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On behalf of the HavenGroup Foundation, we would like to express our gratitude for the generous donations we received at our 2024 Dessert Evening Fundraiser event.

You have provided support towards honoring our seniors, as we continue to provide exemplary facilities, services and care for our residents and tenants who reside within HavenGroup.

Abe Bergen,

HavenGroup Foundation
Board Chair

Tannis Nickel,

Chief Executive Officer





UPDATE:

Please note that effective immediately, photocopies are now priced as follows:

Black & white:
\$0.25 per side

Colour:
\$0.75 per side



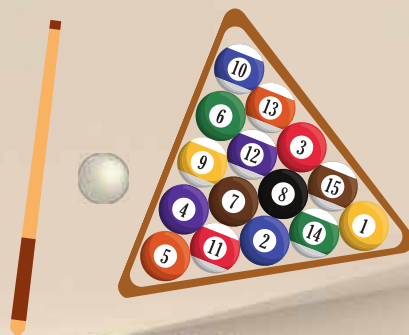
Are you currently paying for your rent, Havencare and meals with cash or cheques? Did you know that you can set up automatic withdrawals each month so you don't have to remember? If you are interested in switching to automatic withdrawals, please see or call **Rebecca** in the **finance office** at **204-346-5019**





If you would like an appointment with Irene for nail care, she will be here on **Monday April 8th** with appointments starting at **2pm**. Please call Helen to book!

Come down to the basement for mens billiards at **2:30pm** on **Wednesday April 3rd**.



Ladies! Come and get your nails painted on **Thursday April 4th** at **3:00pm**



Back by popular demand: Pie & coffee time! **Monday April 29th** at **2:30pm**. Cost is **\$3.50** per person. Please sign up!



Bookmobile is here on Thursday March 4th at 2pm





NEW GAMES TO PLAY THIS MONTH!



"RACKO"



CHECK IT OUT
↓

THE BASICS: DEAL 10 CARDS PER PERSON. TAKE TURNS TO SWITCH OUT CARDS. THE FIRST PLAYER WITH ALL 10 CARDS IN NUMERICAL PROGRESSION (LOW TO HIGH) WINS!

"WHEEL OF FORTUNE"

THE BASICS: JUST LIKE THE CLASSIC TV SHOW, SPIN THE WHEEL AND GUESS HIDDEN PHRASES BY GUESSING LETTERS ONE AT A TIME.



"QWIRKLE"

THE BASICS: QWIRKLE IS PLAYED BY CREATING ROWS AND COLUMNS OF MATCHING COLOURS AND SHAPES

Woodhaven: Behind the Scenes

Have you ever wondered what is behind the half door next to the guest suite in the basement? Have you ever wanted to sneak a peak in the electrical room? Or see what is up on the roof?




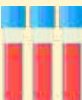
Introducing **“Woodhaven: Behind the Scenes”**. On **Wednesday April 17th at 2:30pm**, sign up to be taken on a behind the scenes tour of Woodhaven with Helmut! He will show you all of the off limits areas and answer your questions about the building!

Please note that unfortunately the tour will not be entirely accessible for those with walkers or wheelchairs. Please sign up to be included!

Kel's travels



Join us in the main floor MPR on **Friday, April 12th at 2:30pm** to see photos and hear Kel share about his most recent trip to Vietnam! 

On **Tuesday April 30th at 2:30pm**, come and hear a short presentation from Keen Companion. They offer mobile bloodwork and other services. 


KEEN COMPANION
HEALTH SERVICES LTD

"Comfort and Convenience at your doorsteps."

With Janice Querido

**Mobile Phlebotomy and
Specimen Collection
(Bloodwork)**

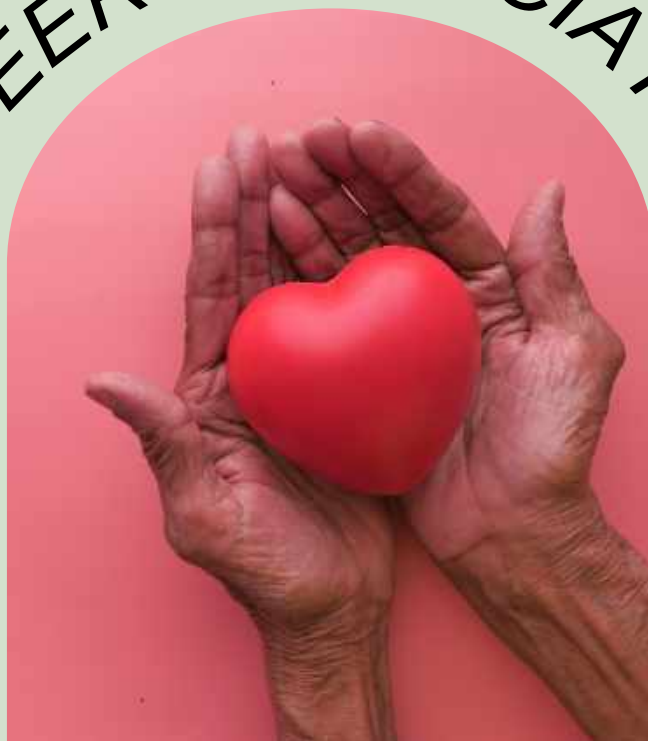


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Did you know that Havencare has now extended its companionship services to Rest Haven? For residents who would like to have a little more company from time to time, Havencare companionship services will now be available for \$25 an hour.



VOLUNTEER APPRECIATION TEA



**MONDAY APRIL 15TH
AT 2:30PM**

Did you know that **April 14th-20th is National Volunteer Week**? According to Volunteer Canada the theme for National Volunteer Week 2024 is “Every Moment Matters”. It highlights the importance of every volunteer and each contribution they make at a moment when we need support more than ever. The sharing of time, skills, empathy, and creativity is vital to the inclusivity, strength, and wellbeing of our community! **If you have volunteered in any way (big or small) at Woodhaven in the last year, you are invited to a special volunteer appreciation tea!** We are so grateful for you and we appreciate everything you do! **Please sign up if you are planning to come!** Please note there will also be a larger volunteer appreciation event in June, with more details still to come! **Hope to see you on the 15th!** Coffee, tea and treats will be provided.



April Birthdays:

Margaret Peters - 1

Agatha Froese - 12

Katherine Kehler - 13

Susie Ginter - 20

Lydia Hiebert - 24

Esther Martens - 25

Mary Hiebert - 27

Anne Doerksen - 30

**Join us for a birthday party
on Monday April 22nd
at 2:30pm**

From the Chaplain's Desk



How do you describe a pleasant aroma?

I think of coming home to the smell of baking or cooking as I enter the door. It's an aroma that makes me anticipate what I'll find on the stove...turkey and stuffing? cinnamon buns? There must be a direct link from our sense of smell to our taste buds as it doesn't take long to suddenly be hungry for supper!

In Genesis 8:21 we read that the Lord also appreciates a pleasant aroma. When Noah offered a sacrifice after the flood, we read how “the Lord smelled the pleasing aroma” and said he wouldn't again destroy every living thing as He had just done.

When God directed Moses to build the tabernacle, he included instructions for making a golden altar for the priest to burn sweet incense on each morning and evening, thus ensuring a pleasant aroma there (Exodus 30:7).

In his vision of heaven, John saw the elders around the throne of God holding bowls full of incense, representing the prayers of God's people (Revelation 5:8). How special to know that our prayers add to the sweet aroma of heaven.

How about our actions? Paul described both the sacrifice of Christ and the gift of the Philippian church as fragrant offerings (Ephesians 5:2, Philippians 4:18). We could say that as certain aromas arouse pleasure in us, the service we do for the Lord also brings pleasure to him.

We also find many pleasant aromas at Haven Group—and not just from the kitchen! We appreciate Haven Group for its environment of purpose, comfort, and hope, as well as it being a place where people trust and respect each other. We appreciate each one for their role, residents, family, and staff, as well as the many volunteers who generously give of their time to add to the pleasant aroma at Haven Group!

Peter Berg, Chaplain



Spring Garden Word Scramble

Can you unscramble the following mixed-up, gardening-themed words?

1. flodfaid _____
2. rolfew top _____
3. gelsnide _____
4. stufreblite _____
5. depas _____
6. slitup _____
7. grinetaw nac _____
8. orwk slegov _____
9. stablegeve _____
10. druibshoe _____
11. snubine _____
12. morewraths _____
13. ziterrlife _____
14. shindbrimmug _____
15. salezaa _____
16. dahn stool _____
17. bludgay _____
18. brelowerhaw _____
19. chuml _____
20. lapsgin _____