

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
<p>(Week 1) Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Fancy Vegetables Peach Platz</p>	<p>Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments</p>	<p>Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red Lentils</p>	<p>Chicken with Alfredo Sauce Noodles or Chef's Alternate Peas Biscuits Fruit</p>	<p>Fish Fillet or Chef's Alternate Lemon Slice Lyonnais Potatoes Cauliflower/Carrots Butterscotch Pudding</p>	<p>Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert</p>	<p>Summa Borscht Cold Cuts Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake</p>
8	9	10	11	12	13	14
<p>(Week 2) Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies</p>	<p>Pork and Apple Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae</p>	<p>Baked Porkchops or Chef's Alternate Gravy Mashed Potato Corn Tapioca Pudding</p>	<p>Fish Sticks or Chef's Alternate Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle</p>	<p>Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges</p>	<p>Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz</p>	<p>Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns Three Bean Salad Cream Pie</p>
15	16	17	18	19	20	21
<p>(Week 3) Lemon Fish or Chef's Alternate Potatoes Peas & Carrots Pineapple Upside Down Cake</p>	<p>Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnais Potatoes Green Beans Veg Cupcake</p>	<p>Sweet & Sour Diced Beef or Chef's Alternate S&S Sauce Steamed Rice Broccoli Fruit</p>	<p>Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie</p>	<p>Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake</p>	<p>Sweet and Sour Chicken Balls or Chef's Alternate Rice Spring Roll Broccoli Fruit Jello</p>	<p>Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie</p>
22	23	24	25	26	27	28
<p>(Week 4) Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding</p>	<p>BBQ Pork Ribs or Chef's Alternate Gravy Brown Rice Green Beans Lemon Tarts</p>	<p>Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit</p>	<p>Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad</p>	<p>Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs</p>	<p>Swedish Meatballs or Chef's Alternate Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart</p>	<p>Lentil Soup Brown Bread Cold Cuts or Chef's Alternate Cottage Cheese Pea Salad Rhubarb Strawberry Pie</p>
29	30				<p>MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013</p>	
<p>(Week 5) Mushroom/Omelet or Chef's Alternate Garlic Toast Tomato Slices on Lettuce Fruit Based Dessert</p>	<p>Breaded Pork Cutlets or Chef's Alternate Mashed Potato Coleslaw Nanaimo Bar</p>					