

Rest Haven News & Notes

Issue December 2023



December Highlights



Tree of Angel Memorial

December 12th @ 6:30pm



Snow Place Like Home



Storytime
with Mrs. Claus

December 22nd
Clearspring Mall

Should you wish to be added or removed from the newsletter contact list please
contact tchabot@havengroup.ca



Resident/ Family Survey

It's the time of year for the resident/family survey!

We are making it easy this year just scan this QR code and complete the survey on Survey Monkey.

Or pick up a paper copy from the Daily Life Department and return it to them. Whether from your perspective as a resident or a caregiver your feedback is important so we can continue to make Rest Haven a great place to live. Survey is available until January 2nd.



Room Bookings

Rest Haven offers the use of the multi-purpose room (room across from Chapel) for a resident's personal use. The room is \$50 and the charge will be put on the resident's monthly statement. It can be booked through, Sam Day from Daily Life department or Lorraine Friesen, social work.

There is a schedule posted on the wall in the MPR if you want to check a date ahead of time. On the rare occasion there may be a program going on in the Chapel at the same time, this may happen especially now at Christmas. We are sorry for the inconvenience and encourage residents/families to pull the door shut or feel free to join in the program. If you have an upcoming event please talk to Lorraine or Sam for an orientation to the room. We expect to have a list of rental expectations out shortly that we will post in the MPR.

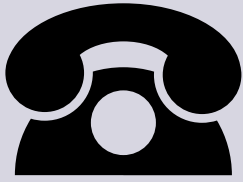
Vending Machines

2 vending machines have been installed and purchase is available for snacks and drinks. Rest Haven is not making a profit on these machines, prices are set by the vending company and their suppliers. This is for after-hours convenience. Feel free to come to the Haven Link during business hours 8am to 5:30 pm for a variety of items. Enjoy!



This quote reminds us that as much as there is turmoil in the world, there is also great love and it begins within our own hearts... God demonstrated His love for us through the birth of an infant, and the world would never be the same again...





Household Extension Numbers

1st Floor

Lakeview 7465
Still Waters 7466
Golden Creek 7340
Woodlands 7341

2nd Floor

Water's Edge 7346
Autumn Glory 7347
Daisy Lane 7348
Prairie Posts 7349

3rd Floor

Prairie Sky 7355
Sunset Way 7356
Homestead Ridge 7357
Freedom Meadows 7358



We are delighted to have our first annual Tree of Angel Memorial to be held on December 12th @ 6:30 p.m. Families are welcome to attend as we celebrate those who will be spending Christmas with Jesus this year.

Our 'Snow Place like Home' will be having us touring the countryside, singing Christmas carols as we enjoy the festive lights our community has put up.

There will be visits with Santa to keep us young at heart, storytime with Mrs. Claus and of course, choirs of music to help us deck our halls... Christmas has come, and we are ever so grateful to be celebrating this joyous season.

So as the busyness of this month begins, take a moment to enjoy a cup of coffee, share a story or just take a moment to enjoy the beauty of the season.

Let's make this a December to remember, as we usher in 2024...On behalf of all of us at Rest Haven Care Home, we want to wish you a very Merry Christmas and a safe and healthy New Year!

Sincerely,
Leanne Silvers,
Therapeutic Recreation Facilitator,
Daily Life Team Member





**Please help us in celebrating our many
December birthdays:**

**Betty Friesen
Edna Baker
Cathy Thiessen
Ken Bond
Laurinda Krause
Harry Falk**





Nativity Word Search



X	S	M	B	I	Y	L	V	Y	Y	J	U	H	O	L	Y	S	F
D	O	S	E	C	A	M	E	L	S	O	J	G	S	Z	S	T	G
J	V	T	T	Z	A	M	A	N	G	E	R	T	Y	F	J	A	I
O	B	A	H	Z	O	Y	S	C	T	Z	G	J	J	I	Q	B	F
S	D	R	L	N	A	T	I	V	I	T	Y	C	R	E	P	L	T
E	B	Y	E	Q	D	D	O	N	K	E	Y	I	A	I	S	E	S
P	A	J	H	J	Y	X	E	E	J	H	U	V	A	N	J	U	G
H	B	O	E	S	H	E	P	H	E	R	D	S	N	M	D	L	S
O	Y	H	M	T	C	R	J	X	W	A	R	X	G	T	P	L	I
P	E	X	L	O	V	E	P	E	A	C	E	C	E	R	E	V	E
K	I	N	G	S	I	Y	F	Y	B	P	X	A	L	D	Y	L	P
D	H	P	J	Y	A	U	A	D	V	E	N	T	M	A	R	Y	Q

ADVENT

ANGEL

BABY

BETHLEHEM

CAMEL

CANDLE

DONKEY

GIFTS

HOLY

JESUS

JOSEPH

KINGS

LOVE

MANGER

NATIVITY

PEACE

SHEPHERDS

STABLE

STAR

MARY

The First Noel, the angels did say was to certain poor shepherds in fields as they lay...

Why did God choose lowly shepherds as the first to hear about the birth of Christ? Wouldn't the news have spread more quickly if it had been given to the elite?

God takes delight in the humble. We see one example in how Jesus responded to the disciples as they disputed about who would be the greatest in the Kingdom of God.

"He called a little child to him, and placed the child among them. And he said: "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven."

Matthew 18:2, 3

Humility does not come naturally, since our nature often seeks recognition and esteem. Jesus taught otherwise, however, and instructed us to deny ourselves, take up our cross, and follow Him (Luke 9:23).

Why did God announce the big news to lowly shepherds? They were a humble people, and humility is a big part of what Christmas is about. At Christmas we remember God's own Son humbling Himself to become a child and how he then humbled himself even further to fulfill the plan of salvation for us (Philippians 2).

Noel, Noel, Noel, Noel

Born is the King of Israel!

Let's rejoice together with the shepherds!



At Rest Haven this month we also want to honor the memories of those who have passed away in the last year, through a special end-of-year memorial planned for December 12, at 6:30. All are invited, especially family and friends of those who have passed away.

**May God bless you this Christmas season!
Peter Berg, Chaplain**

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013				(Week 3) Green Bean Soup Farmer Sausage or Chefs Alternate Perogies Pickled Beets Schmaunt Phat Trifle	Chefs Soup Chili or Chefs Alternate Chefs Salad Toast Chefs Desert	Turkey/Stuffing or Chefs Alternate Mashed Potatoes Gravy Glazed Carrots Cherry Platiz
(Week 4) Beet Borscht Baked Ham or Chefs Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Lentil Muffin	Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chefs Alternate Green Salad Lava Cake	Hearty Vegetable Soup Honey Mustard Chicken or Chefs Alternate Rice Pilaf Salad Coconut Cream Pie	Broccoli Soup Baked Fish or Chefs Alternate Lyonnaise Baked Potato Coleslaw Frozen Sherbet	Roast Beef or Chefs Alternate Gravy Oven Baked Potatoes Sour Cream/Chefs Mixed Veg Zucchini Brownie	Vegetable Soup Ham & Cheese Sandwich or Chefs Alternate Pickles Fruit Cobbler	Shake & Bake Chicken or Chefs Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous
(Week 5) Sauerkraut Borscht Soup Meatloaf or Chefs Alternate Gravy Mashed Potatoes Mixed Vegetables Date Square	Hearty Italian Soup Kielie with Fried Onions & Schmaunt Phat Ham or Chefs Alternate Peas/Carrot Oatmeal Muffin	Split Pea Soup Battered Fish Fry or Chefs Alternate Fries Coleslaw Lemon Meningue Pie	Turkey/ Stuffing or Chefs Alternate Cranberry Sauce Mashed Potato Corn Cheesecake	Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chefs Alternate Rice Pilaf Gravy California Mixed Veg. Peach Upside Down Cake	Chefs Soup Turkey Sandwich or Chefs Alternate Chips/Pickles Fruit Based Dessert	Roast Pork with Gravy or Chefs Alternate Potatoes Green Beans Fruitcocktail Mous
(Week 1) Beef and Barley Soup Chicken Fingers or Chefs Alternate Fries Garden Salad Fruit Based Dessert	Chicken Noodle Soup S&S Baked Farmer Sausage or Chefs Alternate Steamed Rice Green Beans Tapioca Pudding	Hearty Vegetable Soup Chicken Cacciatore or Chefs Alternate Noodles Salad Chocolate Cream Pie	Cream of Celery BBQ Rib or Chefs Alternate Mashed Potatoes Carrots Cinnamon Coffee Cake	Chefs Soup Lasagna or Chefs Alternate Caesar Salad Garlic Bread Chocolate Cake	Garden Vegetable Soup Chicken Pot Pie or Chefs Alternate Cucumber and Tomato Slices Fruit Platiz	Roast Beef or Chefs Alternate Mashed Potatoes Coleslaw Rice Pudding
MERRY CHRISTMAS! (Week 2) Turkey /Stuffing Cranberry Sauce Cabbage Rolls Mashed Potato Fruit Cake	Hearty Manitoba Vegetable Soup Meat Loaf or Chefs Alternate Mashed Potato Vegetable Salad Cinnamon Roll Cake	Roast Beef/Gravy or Chefs Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	Butternut Squash Soup Chicken Taco Bake or Chefs Alternate Noodles Cucumber Salad Fruit	Minestrone Soup Ham or Chefs Alternate Kielie with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	Chef Soup Egg Salad Sandwich or Chefs Alternate Cheese Chips/Pickles Orange Fluff Salad	Baked Ham or Chefs Alternate Pineapple Sauce Scalloped Potatoes Corn Plumi Mous

REST HAVEN SUPPER MENU

MONDAY	TUE SDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DECEMBER 2023 	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013					3 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chefs Alternate Apple Pie
4 <i>(Week 4)</i> Savory Meat Loaf or Chefs Alternate Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad	5 BBQ Pork Ribs or Chefs Alternate Gravy Brown Rice Green Beans Lemon Tarts	6 Hamburger Steak or Chefs Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	7 Garlic Sausage or Chefs Alternate Macaroni and Cheese Peas Chocolate Pudding	8 Baked Chicken or Chefs Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	9 Swedish Meatballs or Chefs Alternate Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart	10 Lentil Soup Brown Bread Cold Cuts or Chefs Alternate Cottage Cheese Pea Salad Rhubarb Strawberry Pie
11 <i>(Week 5)</i> Breaded Pork Cutlets or Chefs Alternate Rice Pilaf with Brown Rice Gravy/Coleslaw Nanaimo Bar	12 Mushroom/Omelet or Chefs Alternate Garlic Toast Tomato Slices on Lettuce Fruit Based Dessert	13 Honey Garlic Chicken or Chefs Alternate Mashed Potato Roasted Broccoli Fruit Based Dessert	14 Pork Sausages or Chefs Alternate Spanish Rice (Brown rice) Buttered Peas Carrot Cake	15 Cabbage Rolls or Chefs Alternate Mashed Potatoes Carrots Apple Crisp	16 Spaghetti & Meat Sauce or Chefs Alternate Garlic Bread Lettuce Salad Tart	17 Chicken Noodle Soup Cottage Cheese Rye Bread Potato Salad Cold Cuts/Pickles or Chefs Alternate Coconut Cream Pie
18 <i>(Week 1)</i> Garlic Sausage or Chefs Alternate Hashbrown Casserole Mixed Vegetables Peach Plat	19 Beef Stew or Chefs Alternate Cheese Biscuits Mandarin Segments	20 Breaded Mustard Veal Cutlets or Chefs Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red	21 Chicken with Alfredo Sauce Noodles or Chefs Alternate Peas Biscuits Fruit	22 Baked Fish Fillet or Chefs Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	23 Breaded Pork Cutlets or Chefs Alternate Noodles and Sauce Mixed Vegetables Chefs Dessert	24 Summa Borscht Cold Cuts or Chefs Alternate Bread/Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
25  (Week 2) Pork and Apple Cakes or Chefs Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae	26 Roasted Chicken or Chefs Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	27 Baked Porkchops or Chefs Alternate Gravy Mashed Potato Com Tapioca Pudding	28 Fish Sticks or Chefs Alternate Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/Peppers Trifle	29 Chicken Teriyaki or Chefs Alternate Steamed Rice Green Salad Mandarin Oranges	30 Veal Parmigiana or Chefs Alternate Pasta Marinara Sauce Peas Fruit Plat	31 Farmer Sausage Noodle Soup Cold Cuts or Chefs Alternate Buns Three Bean Salad Cream Pie

Rest Haven Care Home

December 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1st Floor

*Events in Red- Chapel

Lakeview LV Still Waters SW

Ladies Bible Study LV

*Programs are subject to change without notice.

Check whiteboards for current daily events.

10:30
LaBroquerie Bethaus

3 9:30 Reading SW
10:30 Reading LV
2:45 Balloon Badminton
SW

6:15 Steinbach
Mennonite Handbells

5 10:00 Men's Coffee Club
10:30 Ladies Bible Study
2:45 Bingo SW
6:00 Abe & Tina Music

6 9:30 Fun Fitness SW
10:30 Fun Fitness LV
2:00 Men's Bible Study
3:00 Hymn Sing

7 10:30 Chapel
6:45 Kleeefeld EMC

8 5:30 In Home Caroling



10:30
Blumenort Community
2:30 Christmas Caroling
with Laurie Wiens & Students

10 9:30 In Memory Angel
10:30 Guess What's
in the Bag
1:00 Blumenort School
Choir
2:45 Fun Fitness SW

12 10:00 Men's Coffee Club
10:30 Ladies Bible Study
6:30 Tree of Angels
Memorial Service

13 9:30 Ladies Bible Study
2:00 Men's Bible Study
3:00 Hymn Sing

14 10:30 Christmas Caroling
St. Catherine's Academy
6:45 Steinbach EMC

15 10:00 Trailblazers
Caroling

16 6:00
God's Grace Singing
(German Program)

10:30
Service with Randall
Hiebert

17 10:15 Christmas Carols
6:00 Bethaus youth
Christmas Program

19 10:00 Men's Coffee Club
10:30 Ladies Bible Study
2:30 Mitchell Middle School
Choir

20 2:00 Men's Bible Study
3:00 Hymn Sing
6:00
Jon Penner Caroling

21 10:30 Chapel
6:45 Evangelical Fellowship

22 Special Events:
Story time with
Mrs. Clause
Snow Place Like Home
Special Guest!

23 6:00 Peaceful Harbor



10:30
Service with Aaron
Barkman

24 Merry Christmas



27 2:00 Men's Bible Study
3:00 Hymn Sing
6:00 English & German
Gospel Program

28 10:30 Chapel
6:00 Prairie Rose Group



10:30 Steinbach EMC 31

Rest Haven

Care Home

December 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*Events in Red- Chapel





Daisy Lane **DL** Autumn Glory **AG**

Men's Bible Study **PP** Prairie Post **PP**

Ladies Bible Study **DL** Water's Edge **WE**

*Programs are subject to change without notice. Check whiteboards for current daily events.

2nd Floor

<p>10:30 LaBroquerie Bethaus</p> 	<p>3 6:15 Steinbach Mennonite Handbells</p>	<p>4 10:00 Men's Coffee Club 6:00 Abe & Tina Music</p>	<p>5 9:30 Ladies Bible Study 10:30 Bingo PP 2:00 Men's Bible Study 3:00 Hymn Sing</p>	<p>6 9:30 News Update DL 10:30 Chapel 2:45 Fun Fitness PP 6:45 Kleeefeld EMC</p>	<p>7 9:30 News Update DL 10:30 Chapel 2:45 Fun Fitness PP 6:45 Kleeefeld EMC</p>	<p>8 2:30 Singing Christmas Carols in the Chapel 5:00 In Home Caroling</p>	<p>9 1:1 Programming</p>	<p>10 10:30 Blumenort School Choir</p> 	<p>11 9:30 Fun Fitness PP 10:00 Men's Coffee Club 10:30 Fun Fitness WE 2:45 In Memory Angel 6:30 Tree of Angels Memorial Service</p>	<p>12 9:30 Ladies Bible Study 10:30 Bingo WE 2:00 Men's Bible Study 3:00 Hymn Sing</p>	<p>13 9:30 News Update PP 10:30 Christmas Caroling St. Catherine's Academy 2:00 Baking 6:45 Steinbach EMC</p>	<p>14 10:00 Trailblazers Caroling 2:45 Balloon Badminton WE</p>	<p>15 6:00 God's Grace Singing (German Program)</p>	<p>16 6:00 Peaceful Harbor</p>	<p>17 10:30 Service with Randall Hiebert</p> 	<p>18 10:15 Christmas Carols 6:00 Bethaus youth Christmas Program</p> 	<p>19 9:30 Fun Fitness WE 10:00 Men's Coffee Club 10:30 Fun Fitness PP 2:30 Mitchell Middle School Choir</p>	<p>20 9:30 Ladies Bible Study 10:30 Bingo PP 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 Jon Penner Caroling</p>	<p>21 9:30 News Update WE 10:30 Chapel 2:00 Baking 6:45 Evangelical Fellowship</p>	<p>22 Special Events: Story time with Mrs. Clause Snow Place Like Home Christmas Surprise!</p>	<p>23 6:00 Peaceful Harbor</p>	<p>24 10:30 Aaron Barkman</p> 	<p>25 Merry Christmas</p>	<p>26 9:30 Ladies Bible Study 10:30 Bingo WE 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program</p>	<p>27 10:30 Chapel 6:00 Prairie Rose Group</p>	<p>28 10:30 Chapel 6:00 Prairie Rose Group</p>	<p>29 Christmas Surprise!</p> 	<p>30 Christmas Tree</p> 	<p>31 Steinbach EMC</p>
--	---	--	--	--	--	--	--------------------------	--	--	---	--	--	---	--------------------------------	--	---	--	--	---	--	--------------------------------	---	---------------------------	--	--	--	---	--	-------------------------

Rest Haven

Care Home

December 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

3rd Floor

*Programs are subject to change without notice. Check whiteboards for current daily events.

10:30
LaBroquerie Bethaus



6:15
Steinbach Mennonite Handbells

10:00 Men's Coffee Club
2:30 Balloon Badminton
PS
6:00 Abe & Tina Music

10:30
Blumenort Community
2:30 Christmas Caroling with Laurie Wiens & Students



1:00 Blumenort School Choir

10:00 Men's Coffee Club
6:30 Tree of Angels Memorial Service

10:30 Service with Randall Hiebert



10:15 Christmas Carols with Joe Draude
6:00 Bethaus youth Christmas Program

9:30 Baking
10:00 Men's Coffee Club
2:30 Mitchell Middle School Choir

10:30 Aaron Barkman



*Events in Red- Chapel
Homestead Ridge HR
Freedom Meadows FM

9:30 Fun Fitness FM
10:30 Fun Fitness PS
2:30 Bingo SW

10:30 Christmas
Piano Recital

9:30 News Update FM
10:30 Chapel
1:00-2:00 Sonnie the Dog
2:45 In Memory Angel
6:45 Kleefeld EMC

10:00 Bingo PS
2:30 Singing Christmas
Carols in the Chapel
4:30 In Home Caroling



9:30 Fun Fitness SW
10:30 Fun Fitness HR
2:00 Men's Bible Study
3:00 Hymn Sing

10:00 Trailblazers
Christmas Caroling
10:30 Chapel
2:30 Bingo FM

10:00 Ladies Bible Study
6:00
God's Grace Singing (German Program)

9:30 News Update SW
10:30 Chapel
1:00-2:00 Sonnie the Dog
2:30 Bingo FM
6:45 Evangelical Fellowship

Special Event: Story time with Mrs. Clause
Special Guest!

6:00 Peaceful Harbor

9:30 Fun Fitness PS
10:30 Fun Fitness FM
2:00 Men's Bible Study
3:00 Hymn Sing
6:00 English & German Gospel Program

9:30 Ladies Bible Study
10:30 Trivia FM
2:30 Bingo PS



10:30 Steinbach EMC 31