REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 **(Week 4)** Hamburger Steak Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	2 Garlic Sausage Macaroni and Cheese Peas Chocolate Pudding	3 Baked Chicken Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	4 Swedish Meatballs Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart	5 Lentil Soup Brown Bread Cold Cuts Cottage Cheese Pea Salad Rhubarb Strawberry Pie
6 ***(Week 5)*** Breaded Pork Cutlets Rice Pilaf with Brown Rice Gravy/Coleslaw Nanaimo Bar	7 Mushroom/Omelet Garlic Toast Tomato Slices on Lettuce Fruit Based Dessert	8 Fettucini Primavera Biscuits Fruit Based Dessert	9 Pork Sausages Spanish Rice (Brown rice) Buttered Peas Carrot Cake	10 Cabbage Rolls Mashed Potatoes Carrots Apple Crisp	11 **REMEMBRANCE DAY** Spaghetti & Meat Sauce Garlic Bread Lettuce Salad Tart	12 Chicken Noodle Soup Cottage Cheese Rye Bread Potato Salad Cold Cuts/Pickles Coconut Cream Pie
13 ***(Week 1)*** Garlic Sausage Hashbrown Casserole Mixed Vegetables Peach Platz	14 Beef Stew Cheese Biscuits Mandarin Segments	15 Breaded Mustard Veal Cutlets Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red Lentils	16 Chicken with Alfredo Sauce Noodles Peas Biscuits Fruit	17 Baked Fish Fillet Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	18 Breaded Pork Cutlets Noodles and Sauce Mixed Vegetables Chef's Dessert	19 Summa Borscht Cold Cuts/ Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
20 ***(Week 2)*** Roasted Chicken Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	21 Pork and Apple Cakes Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae	22 Baked Porkchops Gravy Mashed Potato Corn Tapioca Pudding	23 Fish Sticks Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle	24 Chicken Teriyaki Steamed Rice Green Salad Mandarin Oranges	25 Veal Parmigiana Pasta Marinara Sauce Peas Fruit Platz	26 Farmer Sausage Noodle Soup Cold Cuts Buns Three Bean Salad Cream Pie
27 ***(Week 3)*** Lemon Baked Fish Potatoes Peas & Carrots Pineapple Upside Down Cake	28 Homemade Chicken Pot Pie Mandarin Lettuce Salad Peanut Butter Brownie	29 Sweet & Sour Diced Beef S&S Sauce Steamed Rice Broccoli Fruit	30 Mushroom Baked Pork Chops Mushroom Gravy Lyonnaise Potatoes Mixed Veg Cupcake	**MENU SUBJECT TO CHANGE** Nutrition and Food Services Department: 204-326-2285/204-346-5013		