

HAPPY

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POLICE

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# Announcements



The season of colds and flu is soon upon us. There will be a flu shot clinic coming to Cedarwood and Parkview. Details to follow.

Planning a gathering for the Holidays? Booking the Common Room for Thanksgiving

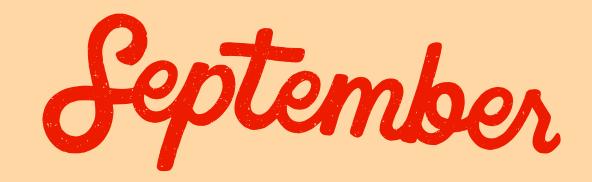
and Christmas will start Tuesday, September 5. The bookings will be on a first come, first serve basis. Contact

Lina



"THE MIRACLE IS NOT THAT WE DO THE WORK BUT THAT WE ARE HAPPY TO DO IT -MOTHER TERESA

Our Laundry facilities are for tenants only. If your family member needs laundry done, find a local facility that can provide that service.



Fun facts about September

- September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began in March.
- September birth flower: the morning glory, and the aster.
- The birthstone for the month is the sapphire.
- Labor Day, the first Monday in September, is the most well known holiday in September.
  The month with the most letters.

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- The first Day of Fall comes in September.
- A "Harvest Moon" is the full moon closest to the autumn equinox. September was called "harvest month". September is the beginning of a new school year. National Pancake Day. National Coffee Day.

### CEDARWOOD BIRTHDAY

-Maria Hiebert -Bill Funk

### PARKVIEW BIRTHDAY

-Angelica Pugatschew -Earl Rempel



We sure have enjoyed these flowers every day and hopefully we will be able to do so for a little longer.



# Winter Garden CLEANUP CHECKLIST

Clean up annuals and finished plants from the previous seasons

Prune and clean up your perennials, shrubs and trees

Rake leaves and use them around your plant's roots and in compost

Protect sensitive plants, saplings and shrubs with burlap or material

Mulch around the base of your plants to protect them from the cold

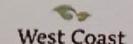
Empty unused pots, clean them, and stack them upside down

Empty your garden hose and put it away to prevent freezing

Clean and sharpen your garden tools, then store them for winter

Plant cover crops on unused garden beds

Feed your lawn for the winter with high phosphorous fertilizer



### From the Chaplain

eniember

We celebrate Grandparents Day this month—a day to show appreciation for the grandparents in our lives, the work they have done and what they continue to do in helping to raise their families!

Grandparents Day is on September 10 this year. It was Marian McQuade, a homemaker from West Virginia, who wanted to help lonely seniors in nursing homes, so in 1978 she helped get Grandparents Day started. Celebrated the first Sunday after Labor Day, it is a day where the generations can get together for special events, where grandchildren can tap into the wisdom and heritage of their grandparents and where grandparents can talk about the good ol' days. One suggested activity is for grandchildren to look through the old photo albums and get their grandparents' help in dating the pictures, thus bringing old memories to life and creating new memories in the process.

We all likely have things we appreciate about our grandparents, be it Grandma's baking, Grandpa's storytelling, or the faith they passed on to us. In II Timothy 1:5 Paul credits Timothy's grandmother Lois for the faith she passed on to her daughter Eunice and to her grandson Timothy. This was an important heritage which Timothy must have been especially grateful for, as he went on to become a pastor. What heritage are we leaving for our grandchildren? Is our faith a part of that? Sharing Bible stories with our grandchildren is one way we can do that.

May God bless you, Grandparents, for what you have done for your families and for the legacy you are leaving behind!

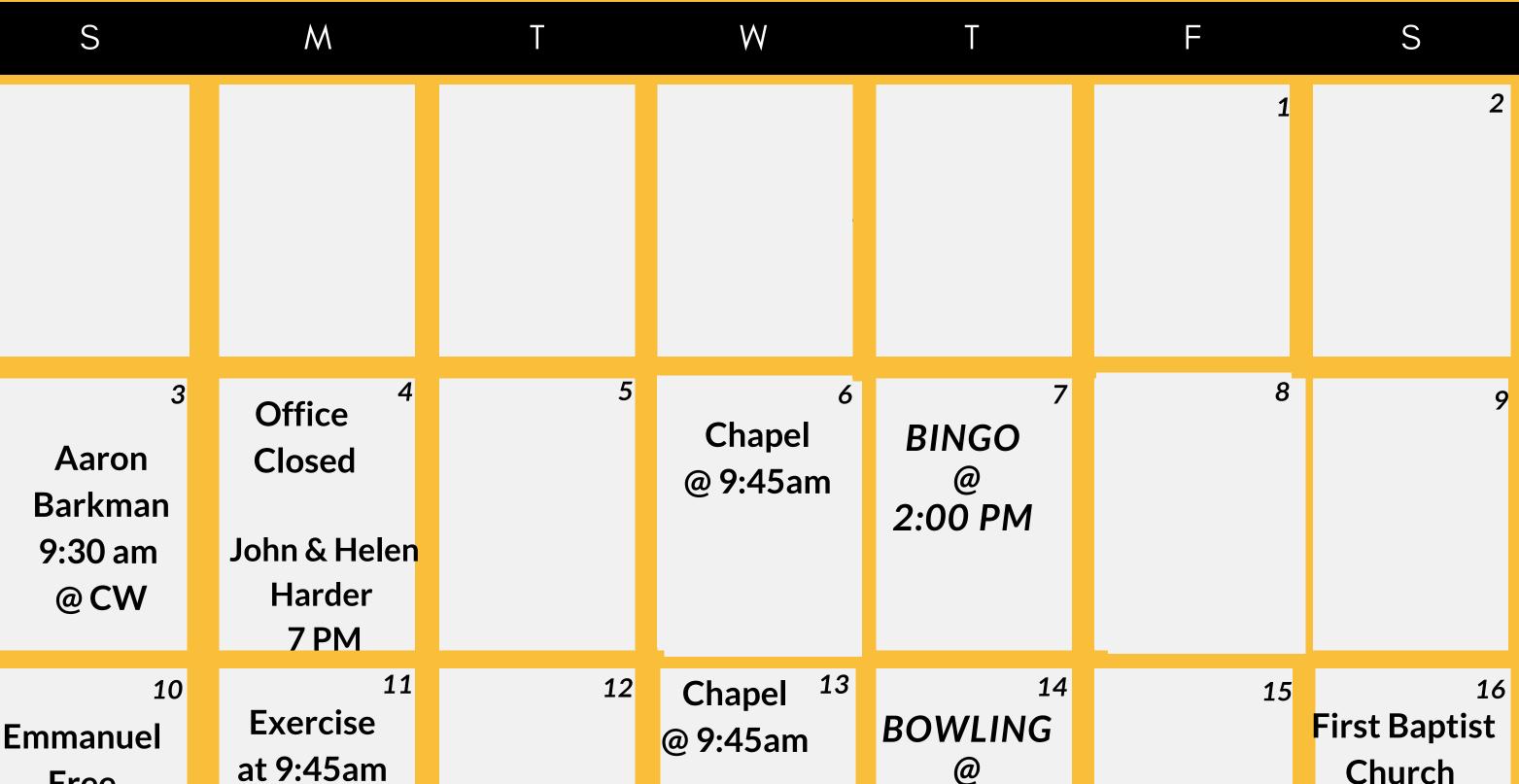
Peter Berg, Chaplain





## SEPTEMBER 2023 CEDARWOOD ACTIVITY



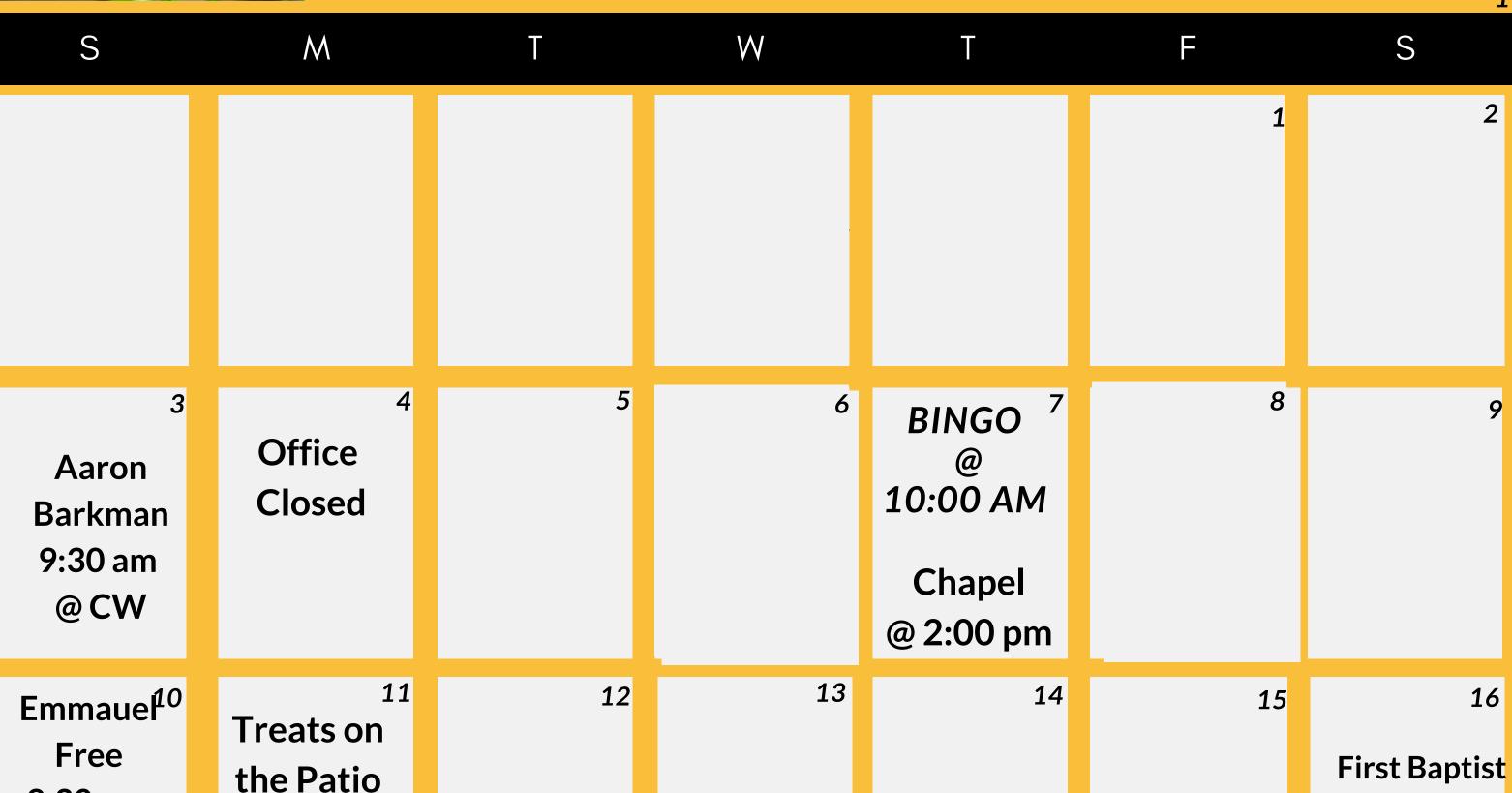


| Free<br>9:30 am<br>@ CW                                | at 9:45am                   |    | Erna, Berta<br>and Friends<br>7 pm @ CW | @<br>2:00 PM                            |    | Church<br>7:00 pm<br>@CW                     |
|--|-----------------------------|----|---|---|----|--|
| 17<br>Kleefeld<br>EMC<br>9:30 am<br>@CW                | 18<br>Exercise<br>at 9:45am | 19 | 20<br>Chapel<br>@ 9:45am                | 21<br>BIRTHDAY<br>PARTY<br>@<br>2:00 PM | 22 | 23   |
| Steinbach <sup>24</sup><br>Mennonite<br>9:30 am<br>@CW | 25<br>Exercise<br>at 9:45am | 26 | 27<br>Chapel<br>@ 9:45am                | 28<br>BINGO<br>@<br>2:00 PM             | 29 | 30<br>Peaceful<br>Harbour<br>7:00 pm<br>@ CW |

"Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! Psalm 90;17



## **SEPTEMBER 2023** PARKVIEW ACTIVITY



| 9:30 am<br>@ CW                                  | 0<br>2:30 PM                            |  |    | Chapel<br>@ 2:00 pm  |    | Church<br>7:00 pm<br>@CW                     |
|--|---|--|----|--|----|--|
| Kleefeld <sup>17</sup><br>EMC<br>9:30 am<br>@ CW | 18<br>BOWLING<br>@<br>2:30 PM           | 19<br>Biblestudy<br>w/ Harry &<br>Esther<br>@<br>2:00 pm | 20 | 21<br>Coffee/<br>Pancake<br>Breakfast<br>Chapel<br>@ 2:00 pm | 22 | 23   |
| 24<br>Steinbach<br>Mennonite<br>9:30 am<br>@ CW  | 25<br>BIRTHDAY<br>PARTY<br>@<br>2:30 PM | 26   | 27 | 28<br>Chapel<br>@ 2:00 pm                                    | 29 | 30<br>Peaceful<br>Harbour<br>7:30 pm<br>@ CW |

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