


REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013			1 (Week 5) Cabbage Rolls Mashed Potatoes Carrots Apple Crisp	2 Spaghetti & Meat Sauce Garlic Bread Lettuce Salad Tart	3 Chicken Noodle Soup Cottage Cheese Rye Bread Potato Salad Cold Cuts/Pickles Coconut Cream Pie
4 LABOR DAY (Week 1) Garlic Sausage Hashbrown Casserole Mixed Vegetables Peach PlatZ	5 Beef Stew Cheese Biscuits Mandarin Segments	6 Breaded Mustard Veal Cutlets Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red Lentils	7 Chicken with Alfredo Sauce Noodles Peas Biscuits Fruit	8 Baked Fish Fillet Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	9 Breaded Pork Cutlets Noodles and Sauce Mixed Vegetables Chef's Dessert	10 Summa Borscht Cold Cuts/ Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
11 (Week 2) Roasted Chicken Chicken Gravy French Fries Coleslaw Iced White Cookies	12 Pork and Apple Cakes Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae	13 Baked Porkchops Gravy Mashed Potato Corn Tapioca Pudding	14 Fish Sticks Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle	15 Chicken Teriyaki Steamed Rice Stir Fry Vegetable Mandarin Oranges	16 Veal Parmigiana Pasta Marinara Sauce Peas Fruit PlatZ	17 Farmer Sausage Noodle Soup Cold Cuts Buns Three Bean Salad Cream Pie
18 (Week 3) Lemon Baked Fish Potatoes Peas & Carrots Pineapple Upside Down Cake	19 Homemade Chicken Pot Pie Mandarin Lettuce Salad Peanut Butter Brownie	20 Sweet & Sour Diced Beef S&S Sauce Steamed Rice Broccoli Fruit	21 Mushroom Baked Pork Chops Mushroom Gravy Lyonnaise Potatoes Mixed Veg Cupcake	22 Sweet and Sour Chicken Thighs Ranch Style Potatoes Kernel Corn Hot Fudge Pudding Cake	23 Chicken Chow Mein Spring Rolls Fruit Jello	24 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles Apple Pie
25 (Week 4) Savory Meat Loaf Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad	26 BBQ Pork Ribs Gravy Brown Rice Green Beans Lemon Tarts	27 Hamburger Steak Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	28 Garlic Sausage Macaroni and Cheese Peas Chocolate Pudding	29 Baked Chicken Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	30 Swedish Meatballs Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart	