

# WOODHAVEN SEPTEMBER 2023 NEWSLETTER



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# SEPTEMBER HOLIDAYS



## SEPTEMBER 4

Labour Day (French: Fête du Travail) is a statutory public holiday in Canada that occurs on the first Monday in September. The history of Labour Day began more than a century ago in 1874 when unions began holding parades and rallies in Toronto and Ottawa to celebrate the successful resolution of strike that earned changes for workers, which included the decriminalization of unions in Canada

## NATIONAL DAY FOR TRUTH AND RECONCILIATION

#OrangeShirtDay



SEPTEMBER 30

THE DAY HONOURS THE CHILDREN WHO NEVER RETURNED HOME AND SURVIVORS OF RESIDENTIAL SCHOOLS, AS WELL AS THEIR FAMILIES AND COMMUNITIES. PUBLIC COMMEMORATION OF THE TRAGIC AND PAINFUL HISTORY AND ONGOING IMPACTS OF RESIDENTIAL SCHOOLS IS A VITAL COMPONENT OF THE RECONCILIATION PROCESS.

Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30.

The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

OFFICE CLOSED ON  
SEPTEMBER 4 AND  
OCTOBER 2



**REMINDER**

*Welcome!*



**EVELYN BARKMAN  
SUITE 202**

## SEPTEMBER CELEBRANTS!



**EDNA KRAHN, 2  
ARNE BERG, 4  
ESTHER DUECK, 7  
ANDREW DUECK, 13**

**19, TIM KRAUSE  
20, ANNE SCHALLA  
24, NORMAN REMPEL**

**See posters for the September Birthday party details**

## WHAT IS UP AT THE WOODHAVEN?

**SING-A-LONG SINGERS  
SEPTEMBER 28,  
THURSDAY 7:30PM AT  
THE MAIN FLOOR-MPR**

**DENNIS & PHYLLIS  
SEPTEMBER 29, FRIDAY  
2:30PM AT THE MAIN  
FLOOR-MPR**



**BOOK MOBILE  
SEPTEMBER 7,  
THURSDAY 2:00PM AT  
THE MAIN FLOOR-MPR**

**SOMMERFELD YOUTH  
SEPTEMBER 27,  
WEDNESDAY 7:00PM  
AT THE MPR**



**BAKE SALE  
SEPTEMBER 14, THURSDAY 2:30PM  
AT THE MAIN FLOOR- MPR**





# HAPPY GRANDPARENTS DAY

SEPTEMBER 10, SUNDAY

Grandparents are the most special friends a grandchild could ever have. Thank you for being such a loving and caring people.



## REMINDERS



**WHAT: ELECTION DAY**

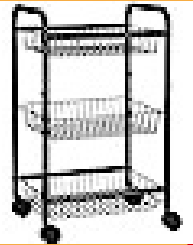
**WHEN: OCTOBER 3, TUESDAY, 10:30- 12:00**

**WHERE: WOODHAVEN BASEMENT MPR**

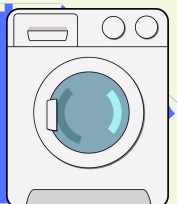
Please make sure your garbage is tied in a bag before throwing it down at the garbage chute. It can leave quite a mess if not tied up. Thank you.



There is a small 3 tiered wire stand in the entrance by the front lobby door to place shared garden bounty. Please use this for garden items only. Thank you.



Please be reminded that Laundry services are solely for the use of Woodhaven tenants. Thank you!



**We celebrate Grandparents Day this month—a day to show appreciation for the grandparents in our lives, the work they have done and what they continue to do in helping to raise their families!**

**Grandparents Day is on September 10 this year. It was Marian McQuade, a homemaker from West Virginia, who wanted to help lonely seniors in nursing homes, so in 1978 she helped get Grandparents Day started. Celebrated the first Sunday after Labor Day, it is a day where the generations can get together for special events, where grandchildren can tap into the wisdom and heritage of their grandparents and where grandparents can talk about the good ol' days. One suggested activity is for grandchildren to look through the old photo albums and get their grandparents' help in dating the pictures, thus bringing old memories to life and creating new memories in the process.**

**We all likely have things we appreciate about our grandparents, be it Grandma's baking, Grandpa's storytelling, or the faith they passed on to us. In II Timothy 1:5 Paul credits Timothy's grandmother Lois for the faith she passed on to her daughter Eunice and to her grandson Timothy. This was an important heritage which Timothy must have been especially grateful for, as he went on to become a pastor. What heritage are we leaving for our grandchildren? Is our faith a part of that? Sharing Bible stories with our grandchildren is one way we can do that.**

**May God bless you, Grandparents, for what you have done for your families and for the legacy you are leaving behind!**

**Peter Berg, Chaplain**



## **Tips to Prevent a Scam**

### **Don't act quickly**

Scams are based on fear and urgency. Always take a little extra time to think it through and evaluate the legitimacy of what you are being asked to do.

### **Avoid odd payment types**

Scammers will often ask you to send them money with a wire transfer, money order, cryptocurrency, payment app, or gift card. Legitimate businesses will accept credit cards. Be suspicious of excuses for alternative forms of payment.

### **Notice threatening behavior**

Often scams are presented as urgent situations requiring immediate action. If you receive threats or hostility for asking questions that's a sign they are a scammer.

### **Be suspicious of fake caller IDs**

Using computer software, scammers can make phone calls and emails that look like they're coming from legitimate companies, government organizations, or your local area code. Often it is best to ignore people that contact you uninitiated. At the very least avoid sharing private information. Looking up the organization's contact information and contacting them yourself is a safer option.

### **Be cautious of impersonation**

Con artists can sometimes pretend to be the government. Before making investments or online payments, be sure that you have confirmed that the organization is a legitimate business by asking for information about the company and checking that they are registered with the Better Business Bureau.

### **Do not reveal personal information**

Con artists can try to get you to provide them with personal information like your Social Security number, account numbers, passwords, credit cards, or other identifying information which can be sold to fraudsters.

### **Ask a friend or family member**

Before giving out your credit card number or money, ask a friend or family member if the request or situation seems suspicious—particularly if you've been told by someone you don't know that the person needs help.

### **Add extra security to your accounts**

Many online accounts let you turn on multifactor authentication. You may then need to enter a code that's sent to your phone or email, or that you generate with an app, before accessing your account. Enabling this extra security measure can keep scammers out of your accounts even if they get hold of your username and password.

## **What To Do If You've Been Scammed**

Report the scam to your local police service

- Canada government: Contact the National Credit Bureaus (TransUnion and Equifax Canada) to request that a fraud alert be put on your file.
- Report the scam to your financial institution, local law enforcement (Winnipeg Police Service or RCMP) and the Consumer Protection Office
- Manitoba Securities: Report Investment Fraud
- Call the tip line: 1-885-FRAUD-MB or 1-855-372-8362

