


# Rest Haven Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 <i>(Week 3)</i> Summa Borscht Country Style Chicken Mac N' Cheese Savory Green and Wax Beans Ice Cream Sundae	2 Vegetable Soup Spaghetti with Meat Balls Caesar Salad Garlic Bread Custard Bread Pudding	3 Chicken Noodle Soup Baked Farmer Sausage Fried Potatoes Vegetable au Gratin Banana Cream Pie	4 Corn and Lentil Chowder with Bacon Soup Lemon Baked Fish Three Bean Salad Potato Wedges Ambrosia Salad	5 Green Bean Soup Farmer Sausage Pierogies Pickled Beets Schmaunt Phat Trifle	6 Chef's Soup Chili Chef's Salad Toast Chef's Desert	7 Turkey/Stuffing Mashed Potatoes Gravy Glazed Carrots Cherry Platz
8 <i>(Week 4)</i> Beet Borscht Baked Ham Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Lentil Muffin	9 Lentil Vegetable with Parmesan Soup Shepherd's Pie Green Salad Lava Cake	10 Hearty Vegetable Soup Honey Mustard Chicken Rice Pilaf Salad Coconut Cream Pie	11 Broccoli Soup Baked Fish Lyonnais Potatoes Tartar Sauce Salad Frozen Sherbet	12 Roast Beef Gravy Oven Baked Potatoes Sour Cream/Chives Southwest Mixed Veg Zucchini Brownie	13 Vegetable Soup Ham & Cheese Sandwich Pickles Fruit Cobbler	14 <b>HAPPY MOTHER'S DAY</b> Shake & Bake Chicken Mashed Potatoes Cooked Turnips and Carrots Marble Cake
15 <i>(Week 5)</i> Sauerkraut Borscht Soup Meatloaf Gravy Mashed Potatoes Mixed Vegetables Date Square	16 Hearty Italian Soup Kielke & Schmaunt Phat Peas/Carrot Ham Oatmeal Muffin	17 Split Pea Soup Battered Fish Fry Tartar Sauce French Fries/Gravy Coleslaw Lemon Meringue Pie	18 Turkey /Stuffing Cranberry sauce Mashed Potato Gravy Corn Cheesecake	19 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork Rice Pilaf Gravy California Mixed Veg. Peach Upside	20 Chef's Soup Turkey Sandwich Chips/Pickles Fruit Based Dessert	21 Roast Pork/Gravy Potatoes Green Beans Lemon Square
22 <i>(Week 1)</i> Beef and Barley Soup Chicken Fingers Fries/Gravy Garden Salad Carrot Cake	23 Chicken Noodle Soup S&S Baked Farmer Sausage Steamed Rice Green Beans Tapioca Pudding	24 Hearty Vegetable Soup Chicken Cacciatore Noodles Salad Chocolate Cream Pie	25 Cream of Celery Liver and Onions Mashed Potatoes Carrots Cinnamon Coffee Cake	26 Chef's Soup Lasagna Caesar Salad Garlic Bread Chocolate Cake	27 Garden Vegetable Soup Chicken Pot Pie Cucumber and Tomato Slices Fruit Platz	28 Roast Beef Mashed Potatoes Gravy/ Coleslaw Rice Pudding
29 <i>(Week 2)</i> Beet Borscht Soup Pierogies Farmer Sausage Pickles Cream Gravy Canned Peaches	30 Hearty Manitoba Vegetable Soup Meat Loaf Mashed Potato Vegetable Salad Cinnamon Roll Cake	31 Roast Beef/Gravy Oven Baked Potatoes Mixed Vegetables Apple Crisp				
<b>MENU SUBJECT TO CHANGE</b> Nutrition and Food Services Department: 204-326-2285/204-346-5013						