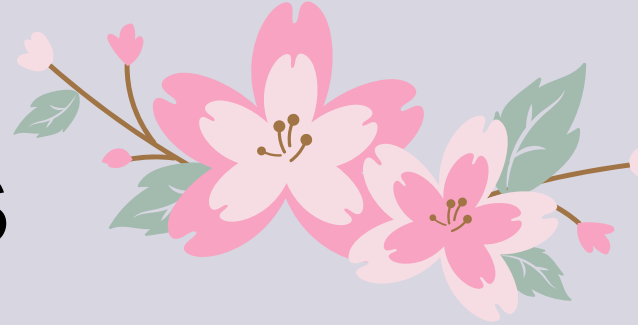


# Rest Haven News & Notes

Issue May 2023



## What is Accreditation

Accreditation is a certification by meeting a certain set of standards by a regulated body. It is an assessment by outside experts that health service organizations use to evaluate and improve the quality and safety of their services.

## When is this Occurring ?

The review will be taking place on May 15th. The reviewer will be looking at a few key areas within our organization:

- Meeting with our Board of Directors to review Governance.
- Infection Prevention and Control Standards and Practices.

Should you have any questions or concerns regarding this visit please connect with a member of our Health Care Team

Should you wish to be added or removed from the newsletter contact list please contact [tchabot@havengroup.ca](mailto:tchabot@havengroup.ca)



**Spring is in the Air, we will soon be appreciating warm weather outdoors on our lovely patio or to our nearby parks. We encourage family and friends to take time to take a loved one out for a walk, off the property, we ask that for a safety aspect that you sign the resident out so that staff are aware of the residents whereabouts.**

**With Spring also comes spring cleaning and if you notice items of clothing or winter wear items that the resident is no longer wearing we would appreciate if you take them home to bring back in fall. Also if the resident has extra equipment that they are no longer using like walkers, bathroom accessories etc you may also notify the nursing department that you are taking these things home.**

**I will leave you with this thought,  
No matter how long the winter, spring is sure to follow. ~Proverb**

**Tannis Nickel Director of Resident Care**



**May... May we please have Spring...?**



**As the Farmer's Almanac says," A dry May and a leaking June, makes the farmer whistle a merry tune..." or even : "A swarm of bees in May is worth a load of hay."**

**As the rain washes away the remnants winter, we can get excited for what's to come...**

**We are "abuzz" this month with planning: things to do close to home, away from home and even some new things to occupy our rainy days...**

**Our birthday celebrants to honor this month are:**

- **Robert Friesen**
- **Nadia Pankiewich**
- **Abe Kornelson**
- **Tina Schroeder**
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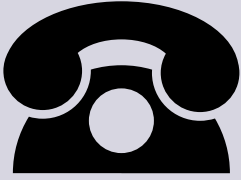
**....as well as a very Happy 66th Wedding Anniversary to Abe and Tina Plett on May 19th !**

**May God's richest blessings shine upon you on this day and for many years to come...**



**Leanne Silvers,  
Therapeutic Recreation Facilitator,  
Daily Life Team Member**

# What's new at Rest Haven?



We are working on expanding our daily life activities and are seeking feedback from our resident's or family members what they would like to see happen here at Rest Haven. Please contact Tracey Kokil.

## Household Extension Numbers

### 1st Floor

Lakeview 7465

Still Waters 7466

Golden Creek 7340

Woodlands 7341

### 2nd Floor

Water's Edge 7346

Autumn Glory 7347

Daisy Lane 7348

Prairie Posts 7349

### 3rd Floor

Prairie Sky 7355

Sunset Way 7356

Homestead Ridge 7357

Freedom Meadows 7358



We have also created a palliative care working group and are in our early phases. You may see this logo in use at times. Should you wish to express your input on how we could improve our palliative care services please contact our Social Workers Esther or Lorraine.



*This logo may be used at End of Life and be placed outside of the resident's room. Please be respectful.*

**Mother's Day is a special day for honoring a special someone. How do we adequately honor someone who has done so much for us?**

**Many are privileged to still have their mothers with them and can easily make a phone call, bring a card, or just come close to give a special hug. Mothers treasure gifts such as these, and the time and attention that goes along with them.**

**For many, though, thoughts of Mother come out of the treasures of the heart, as she is no longer here. Memories remain, though. Memories of a conversation that seems like just yesterday, memories from an old photograph she left behind, or memories evoked from a treasured object she once held dear. I wonder what stories these objects could tell, objects such as a special quilt, or a well-used set of dishes, if they could only speak! It is perhaps in the sharing of these stories, along with the thoughts that accompany them, where we best honor those memories of Mother.**

**In John 19, we see how Jesus, even in those last hours on the cross, took special consideration for his mother, committing her into the care of John, the disciple whom he loved. In this way Jesus also honored his mother by ensuring she would be cared for even after he was gone.**

**May you be blessed in whatever way you honor your mother this Mother's Day, and may you be blessed if you happen to be one of those mothers!**

**Peter Berg**



# **Volunteer Appreciation Week April 16- 22nd**



On behalf of all staff and residents  
of Rest Haven Care Home  
we would like to extend a heartfelt  
thank you for all of the wonderful  
things you do for our residents.

THANK  
YOU



MEANINGFUL ENGAGEMENT

Boredom, loneliness and a loss of ability to do things independently and successfully lead to responsive behaviours.



A proven\* **ACTIVATION PLATFORM** that invites Residents to activity they can easily do themselves.



**AMBIENT**  
ACTIVITY

**ABBY is an Activation Platform that invites residents to an activity they can easily do. There are games to play and plenty of stimuli to discover, and the time spent contributes to emotional well-being!**

**When activated, ABBY will play pre-selected or personalized and familiar pictures, videos, and songs. Residents can successfully and independently re-live memories and settle themselves by being thoroughly engaged. This time spent provides caregivers with a positive non-pharmacological intervention option.**

**ABBY is always available to residents even if a caregiver is not nearby. It was designed to invite residents to engage with their remaining abilities and interests. Using these abilities promotes independence, cognitive stimulation and physical activity. In addition, visiting children love to engage with a resident on an ABBY, reducing disruptions, and family members find it meaningful to engage with a resident when they visit.**

## HAVEN LINK MEAL ORDERS

Residents' family and visitors can now purchase meals (Lunch and Supper) from the Rest Haven Link.

Meals available will follow what is on the menu that day. Only debit/credit will be accepted as payments.

- DUE TO LIMITED HOT MEALS,, ALTERNATE ITEMS WOULD BE AVAILABLE FOR PURCHASE IN OUR COOLER.

**Please respect ordering and pick-up times:**

**Cut-off times for ordering:**

Lunch – 10:00 am

Supper – 4:00 pm

**Pick-up time of meals:**

Lunch – 11:45 to 1:00 pm

Supper – 4:45 to 5:45 pm

- For large groups (4 and above), please order meals 24 hours in advance. Please call kitchen at 204.326.2285.

