

# Parkview News

February 2023

## QDoc

For those who have not yet heard, a new online service is available. Qdoc is a free service to Manitoba residents, and a new way to connect with a local doctor and receive prescriptions, referrals or other documents needed from doctors, all online. For more information, go to: [qdoc.ca](http://qdoc.ca).



## Taxes

Edwin Klassen is willing to do tax returns for \$50. If you are interested in this service, he will come to Parkview to pick up your papers on **Monday, March 6 at 10:00 am**. If he has not done your taxes for you before, you will need to include a tax return for 2021. See a complete list of what you will need to include in the back of the newsletter.



Edwin will be return your papers to you once it is completed.

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Tenant Resource Coordinator  
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## Leaving

It is with much difficulty that I have decided to leave my position as Tenant Resource Coordinator here at Parkview. I have immensely enjoy these past 5 months with you, but have decided to stay at home with my young children at this time. My last day will be Monday, February 6. I hope to come and visit and stay connected!

*Pearl Buhler*



"See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!..."

1 JOHN 3:1

WOMANOFNOBLECHARACTER.COM

## Valentines Recipe

♡ 4 small kisses      ♡  
6 giant hugs  
1 cup of kindness  
3 cups of love  
5 tsp of happiness  
2+ caring hearts

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Mix together and  
spread the love





## Potluck Coffee Time

Bring a dish to share.  
Coffee will be provided.



## Devonshire Cream Tea Party

I would love to have a tea party with all of you on my last day at work (and a fun way to celebrate Valentines Day together)! A traditional Devonshire Cream Tea consists of scones, clotted cream and jam, served with tea.

Cost: \$2/person



## Exercises

If anyone has a laptop that could be used for the exercises 2x/week, please contact me (Pearl) before Feb. 6 so we can run through how to do it.



What flower gives the most kisses on Valentine's Day?



Who always has a date on Valentine's Day?

⌘  
A calendar.

What did the calculator say to the pencil on Valentine's Day?

⌘  
"You can always count on me."



# From... the Chaplain

Cold hands, warm heart.

An expression I have often heard after I have given someone a handshake in the morning. Though cold hands are not what I like to present, they are the oft-inevitable by-product of being out in the winter.

Though I try to not give any kind of cold greeting, I am glad these recipients are willing to see past my cold hands to my true intent—warm wishes from a warm heart. Maybe this is also what the expression means—that we are willing to overlook a seemingly cold encounter because we trust that it likely wasn't the intent for the person to come across the way they did and that we are willing to extend a little grace.

Jesus taught the same principle as seen in Luke 6:31,

“And as ye would that men should do to you, do ye also to them likewise.”

Often called The Golden Rule, it is a principle so vital in the relationships we have one with another.

The article, *See Me*, also presents us with that challenge. Beginning with the question, “What do you see, nurse, what do you see?” the anonymous author goes on to portray the thoughts attributed to an elderly lady who is questioning why she is being treated the way she is and that, even though she can no longer care for herself as she once did, she is still the same person on the inside. An excellent reminder for me to treat others with the same love and respect I would like to be treated with.

So if we happen to come across “cold hands” in our daily routine, let’s be willing to extend the same grace and forgiveness which we would hope to receive and let’s look further to the warm hearts that surely must be there.

Peter Berg

*Rest Haven Chaplain*

## Bed Bugs Management

### Policy:

HavenGroup is committed to providing effective and efficient response to tenants who suspect they may have bed bugs.

### Procedure:

Should a tenant notice (bed) bugs in a room, apartment, office or common area, please report it to Administration immediately.

### Landlord Responsibilities:

- Act promptly to any report of (bed) bug infestation
- Contact the pest control business to confirm the type of bug and arrange for treatment, when required
- Notify the tenant of any treatment plan including the distribution of preparation instructions
- Provide a minimum of forty-eight (48) hours' notice to enter apartment to provide treatment
- Cost of treatment; if applicable, file claim with Residential Tenancies Branch if tenant caused infestation or does not follow preparation instructions for adequate treatment(s)

Discourage the purchase of second-hand items being brought into apartment complex

### Tenant Responsibilities:

Proof of the purchase of a new mattress or proof of professional cleaning must be provided to the Landlord prior to moving in

Promptly report any new (bed) bug infestation

**Do not** attempt to self-treat bugs with any home remedy or store-bought product; bed bug treatment is quite extensive and while initial home treatments may seem to work, they are not reliable

Minimize clutter within your apartment

Cooperate with the landlord by allowing access and adequately preparing for treatment

Do not purchase second hand items for your apartment

The cost of bed bug treatment is the responsibility of the Landlord, however should the Tenant not cooperate by adequately preparing for treatment, the Landlord may file a claim against the tenant to recoup their costs.