

3rd floor August 2022 Rest Haven Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Activities: Folding Towels, Puzzles/coloring	1 CIVIC HOLIDAY 3:00 Sonnie the Dog	2 10:00 Ladies Bible Study 1:30 Afternoon Stroll 3:00 Reading Club	3 10:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	4 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	5 10:00 News Update 1:30 Afternoon Stroll 3:00 Bingo	6 10:00 Fun Fitness 2:30 Baking Cookies
7 8 Church Service on TV	8 10:00 Fun Fitness 3:00 Sonnie the Dog	9 10:00 Ladies Bible Study 1:30 Afternoon Stroll 3:00 Table Top Games	10 10:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	11 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	12 11:00 News Update 1:30 Afternoon Stroll 3:00 Bingo	13 
14 Church Service on TV	15 10:00 Fun Fitness	16 10:00 Ladies Bible Study 3:00 Berta Accordion in Atrium	17 10:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	18 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	19 10:00 News Update 1:30 Afternoon Stroll 3:00 Bingo	20 10:00 Fun Fitness 2:00 Bean Bag Toss
21 Church Service In Atrium	22 10:00 Fun Fitness 3:00 Sonnie the Dog	23 10:00 Ladies Bible Study 1:30 Ice Cream Sundaes 3:00 Reading Club	24 10:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	25 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	26 10:00 News Update 1:30 Afternoon Stroll 3:00 Bingo	27 
28 Church Service In Atrium	29 10:00 Fun Fitness 3:00 Resident Council Meeting 3:00 Sonnie the Dog	30 10:00 Ladies Bible Study 1:30 Afternoon Stroll 3:00 Table Top Games	31 10:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	Check White Board for current events Group activities in Prairie Sky unless otherwise noted		