

2nd floor August 2022 Rest Haven Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Activities: Folding Towels, Puzzles/coloring	1 CIVIC HOLIDAY 3:00 Sonnie the Dog	2 10:00 Bingo 1100 Ladies Bible Study 3:00 Reading Club	3 11:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	4 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	5 11:00 News Update 1:30 Afternoon Stroll	6 11:00 Fun Fitness 3:00 Time for Art
7 8 Church Service on TV	8 11:00 Fun Fitness 3:00 Sonnie the Dog	9 10:00 Bingo 1100 Ladies Bible Study 3:00 Table Top Games	10 11:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	11 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	12 11:00 News Update 1:30 Afternoon Stroll	13 
14 Church Service on TV	15 11:00 Fun Fitness 2:30 Baking Cookies, Autumn Glory	16 10:00 Bingo 1100 Ladies Bible Study 3:00 Berta Accordion in Atrium	17 11:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	18 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	19 11:00 News Update 1:30 Afternoon Stroll	20 11:00 Art Program 3:00 Bean Bag Toss
21 Church Service In Atrium	22 3:00 Sonnie the Dog	23 10:00 Bingo 1100 Ladies Bible Study 1:30 Ice Cream Sundaes 3:00 Reading Club	24 11:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	25 10:30 Chapel, Atrium 1:30 Afternoon Stroll 3:00 Reading Program	26 11:00 News Update 1:30 Afternoon Stroll	27 
28 Church Service In Atrium	29 2:00 Resident Council Meeting, Water's Edge 3:00 Sonnie the Dog	30 10:00 Bingo 1100 Ladies Bible Study 3:00 Table Top Games	31 11:00 Fun Fitness 1:30 Wednesday Walk About 3:00 Hymn Sing, Atrium	Check White Board for current events Group activities are in Daisy Lane unless otherwise noted		