


3rd floor July 2022 Rest Haven Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Activities: Breakfast Folding Towels Puzzles/coloring	Afternoon Activities: Lunch, Faspa, Supper Check White Board for current events				1 Happy Canada Day!	2 Outdoor Walks
3 Church Service on TV	4 10:00 Fun Fitness Prairie Sky 3:00 Sonnie the Dog	5 1000 Ladies Bible Study Prairie Sky 1:30 Afternoon Stroll	6 11:00 Chapel Prairie Sky 1:30 Afternoon Stroll	7 10:00 Fun Fitness Prairie Sky 3:00 Reading Program	8 10:00 News Update Prairie Sky 3:00Bingo, Prairie Sky	9 10:00 Fun Fitness Prairie Sky 2:30 Bean Bag Toss Prairie Sky
10 Church Service on TV	11 3:00 Table Top Games	12 1000 Ladies Bible Study Prairie Sky 1:30 Afternoon Stroll	13 11:00 Chapel Prairie Sky 1:30 Afternoon Stroll	14 10:00 Fun Fitness Prairie Sky 3:00 Reading Program	15 10:00 News Update Prairie Sky 3:00Bingo, Prairie Sky	16 10:00 Fun Fitness Prairie Sky 2:30 Time for Art Prairie Sky
17 Church Service on TV	18 3:00 Table Top Games	19 1000 Ladies Bible Study Prairie Sky 3:00 Berta's Accordion	20 11:00 Chapel Prairie Sky 1:30 Afternoon Stroll 3:00 Sonnie the Dog	21 10:00 Fun Fitness Prairie Sky 3:00 Reading Program	22 10:00 News Update Prairie Sky 3:00Bingo, Prairie Sky	23 Outdoor Walks
24 Church Service on TV	25 3:00 Sonnie the Dog	26 1000 Ladies Bible Study Prairie Sky 1:30 Afternoon Stroll	27 11:00 Chapel Prairie Sky 1:30 Afternoon Stroll	28 10:00 Fun Fitness Prairie Sky 3:00 Reading Program	29 10:00 News Update Prairie Sky 3:00Bingo, Prairie Sky	30 10:00 Fun Fitness Prairie Sky 2:30 Bean Bag Toss Prairie Sky
31 Church Service on TV						