

# 2nd floor July 2022 Rest Haven Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Morning Activities:</b> Breakfast Folding Towels Puzzles/coloring	<b>Afternoon Activities:</b> Lunch, Faspa, Supper Check White Board for current events				<b>1</b> Happy Canada Day!	<b>2</b> Outdoor Walks
<b>3</b> Church Service on TV	<b>4</b> 11:00 Fun Fitness Daisy Lane 3:00 Sonnie the Dog	<b>5</b> 10:00 Bingo Daisy Lane 1100 Ladies Bible Study Daisy Lane	<b>6</b> 11:00 Chapel Daisy Lane 1:30 Afternoon Stroll	<b>7</b> 11:00 Fun Fitness Daisy Lane 3:00 Reading Program	<b>8</b> 11:00 News Update Daisy Lane 1:30 Afternoon Stroll	<b>9</b> 11:00 Fun Fitness Waters Edge 3:00 Bean Bag Toss Waters Edge
<b>10</b> Church Service on TV	<b>11</b> 11:00 Fun Fitness Daisy Lane	<b>12</b> 10:00 Bingo Daisy Lane 1100 Ladies Bible Study Daisy Lane	<b>13</b> 11:00 Chapel Daisy Lane 1:30 Afternoon Stroll	<b>14</b> 11:00 Fun Fitness Daisy Lane 3:00 Reading Program	<b>15</b> 11:00 News Update Daisy Lane 1:30 Afternoon Stroll	<b>16</b> 11:00 Fun Fitness Daisy Lane 3:00 Time for Art Daisy Lane
<b>17</b> Church Service on TV	<b>18</b> 11:00 Fun Fitness Daisy Lane	<b>19</b> 10:00 Bingo 1100 Ladies Bible Study <b>3:00 Berta's Accordion</b> All in Daisy Lane	<b>20</b> 11:00 Chapel Daisy Lane 1:30 Afternoon Stroll 3:00 Sonnie the Dog	<b>21</b> 11:00 Fun Fitness Daisy Lane 3:00 Reading Program	<b>22</b> 11:00 News Update Daisy Lane 1:30 Afternoon Stroll	<b>23</b> Outdoor Walks
<b>24</b> Church Service on TV	<b>25</b> 11:00 Fun Fitness Daisy Lane 3:00 Sonnie the Dog	<b>26</b> 10:00 Bingo Daisy Lane 1100 Ladies Bible Study Daisy Lane	<b>27</b> 11:00 Chapel Daisy Lane 1:30 Afternoon Stroll	<b>28</b> 11:00 Fun Fitness Daisy Lane 3:00 Reading Program	<b>29</b> 11:00 News Update Daisy Lane 1:30 Afternoon Stroll	<b>30</b> 11:00 Fun Fitness Waters Edge 3:00 Bean Bag Toss Waters Edge
<b>31</b> Church Service on TV						