

August 20, 2020 – An Update

Dear Rest Haven Residents/Families and Tenants of Cedarwood:

This letter is to clarify public health directives and matters that have arisen with visitation of ‘designated caregivers.’

Rest Haven location continues to have limitations to outdoor space because of construction, so if you are a “designated caregiver” then it is expected that you will primarily visit indoors. Exceptions may be made for taking a resident for a walk in close proximity of the facility, or participate with a scheduled visit with your loved one outside, as approved by Rest Haven. Indoor visits will be available only in the resident’s room. As per public health directives, NO PETS are allowed for both indoor and outdoor visits.

For further clarity:

- If you are a designated caregiver, you may take your loved one outside; you can walk near the facility, or sit on a nearby park bench such as at the Woodhaven Manor patio just off the Rest Haven visitor parking lot. What you need to remember is that you still need to social distance from others at all times, this means no group gatherings, and you should not be meeting with others while outside of Rest Haven. Entering stores or other establishments is considered a “social outing” and upon arrival back at the facility, the resident/tenant will be required to self-isolate for two weeks. Current Public Health orders would require the resident/tenant to remain inside their rooms with no visitors indoors or outdoors for the next 14 days.
- Designated caregivers for internal visits may take their loved one outside and participate with others in a scheduled visit, the maximum visitors being four (4) persons per visit.

In all cases, when taking your loved one outside, you must sign the in/out sheet at the nursing desk. Please let someone know where you plan to walk outside and the time of your expected return. We ask that you not be out longer than an hour. The patios at both the Rest Haven and Cedarwood locations will be reserved for people to visit who cannot enter the facility. However, we appreciate that designated caregivers would also like to take advantage of the nice days of summer. To that end, designated caregivers between the hours of 11:00 am – 1 pm and 4:30 pm – 6:30 pm can use the patios. Please remember these areas need to be disinfected after every visit.

As we are all aware visiting has not returned to normal and COVID-19 is active in our community, please continue to wear your mask at **ALL** times with your loved one inside and outside of the facility, **INCLUDING** in the resident’s own suite. **Violations of these protocols could result in the removal of all visitations as decided by Rest Haven.**